



Dr. Apurba Saha

Professional Qualification

- Ph.D in Psychiatric Social Work, National Institute of Mental Health and Neurosciences (NIMHANS), Bangalore. (2010 - 2013)
- MPhil in Psychiatric Social Work, National Institute of Mental Health and Neurosciences (NIMHANS), Bangalore. (2008 - 2010)
- Master of Social Work (MSW), Department of Social Work. Visva-Bharati, Santiniketan, West Bengal. (2003 - 2005)
- Bachelor of Social Work (BSW), Department of Social Work. Visva-Bharati, Santiniketan, West Bengal. (2000 - 2003)

Research Interest:

Social Work & Mental Health, Psychosocial Care in Disaster Management, Suicide , Substance Use/Abuse, Street Children, and Application of Social Work Methods.

Current Position: Assistant Professor & HoD, Dept of Social Work, Tezpur University

Past Experience:

- **Assistant Professor:** Department of Psychiatric Social Work, L G B Regional Institute of Mental Health (LGBRIMH), Tezpur, Assam. (September 2013- June 2013)
- **Psychiatric Social Worker:** Department of Psychiatric Social Work, National Institute of Mental Health and Neurosciences (NIMHANS), Bangalore. (May 2010 to April 2013)

- **District Extender:** West Bengal State Immunization Support Cell (Collaborative project with UNICEF) (December-2007 to May-2008)
- **Young Professional:** Council for Advancement of People's Action and Rural Technology (CAPART), New Delhi (Aug 2005- December 2007)

Funded Research Project:

- Principal Investigator, "Substance Abuse and Suicidal Behavior among college Students in North East India" Sponsored by ICMR. (completed)
- Principal Investigator, "Develop a Customized Model Code of Conduct (CoCs) for Small Tea Growers." funded by Save the Children, Guwahati. (completed)
- Co-Principal Investigator for a Departmental Project on Nutrition cum Counselling Management Centres in Assam, funded by UNICEF". (completed)
- Co-consultant along with Professor Sonia P Deuri, "Humanitarian Assistance to Conflict Affected Persons of Assam and Mizoram" funded by IGSSS, Guwahati. (completed)
- Co-Principal Investigator "Mental Health Needs, Help Seeking Behaviour, Policies, and Practices for Mental Health Promotion among Female Students in Colleges of Sonitpur and Nagaon Districts of Assam" sponsored by National Commission for Women (ongoing)
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Consultancy:

- Principal Investigator " **Training Development and Implementation on (New) Labour Codes in Tea Estates in Assam** " Sponsored by the INKOTA-netzwerk e.V., Chrysanthemenstraße 1-3, 10407 Berlin,". (ongoing)
- Principal Investigator, **Nasha Mukht Bharat Abhiyaan**, Sponsored by the MoSJE, GoI. (completed)

Publications:

1. Marbaniang, M.A., Saha, A. Exploring Coping Strategies of Mothers Navigating Stress in Raising Children with Autism: A Review. *J. Psychosoc. Rehabil. Ment. Health* (2024). <https://doi.org/10.1007/s40737-024-00423-1>
2. Saha A, Marbaniang MA, Kakoty M, Barooah S. Perceived Risk Factors and Preventive Measures for Suicide in Lesbian and Gay Youth. *Journal of Psychosexual Health*. 2023;5(2):102-105. doi:10.1177/26318318231174291
3. Bora D., Deuri S. P. & Saha A. (2023). Depression among Married Women in Assam: A Qualitative Study: *Indian Journal of Social Psychiatry* 39(1): p 77-83, Jan–Mar 2023. | DOI: 10.4103/ijsp.ijsp_312_20
4. Saha A and Lama A., (2023) “The Summit” (Various Aspects of Ageing) in Old age Population in India: Issues, Programmes, Policies and Social Work Intervention / edited by Subhabrata Dutta, Ritwika Rajendra., Dept. of Social Work, Assam University, Silchar, **Concept Publishing Company Pvt. Ltd.**, New Delhi, First Edition 2023, ISBN: 978-93-5594-151-0: 3-15.
5. Saha A & Kerketta E. (2023). Sustainable Development Goals and Small Tea Growers of North-east Assam. *Economic & Political Weekly*, February 4, 2023, vol. LVIII no 5: 24-27.
6. Marbaniang. M. A., Deuri S. P., Sobhna .H. & Saha A. (2023). Stress and psychological well-being of single mothers- a comparative study. *Journal of Minerva Psychiatry* 2023 December;64(4):486-93 (DOI: [10.23736/S2724-6612.22.02346-6](https://doi.org/10.23736/S2724-6612.22.02346-6))
7. Mona Marbaniang , Saha A , Pereira Deur S , Sobhana H (2022). A Study on Perceived Support and Coping of Single Mothers in a Matrilineal Society. *ASEAN Journal of Psychiatry*, Vol. 23(8) August, 2022; 1-8.
8. Bora D., Deuri S. P. & Saha A. (2021). Psychiatric Social Work Intervention with a Woman with Depression: A Case Report from Assam. *International Journal of Indian*

Psychology, 9(2), 1015-1022. ISSN 2348-5396(O), 2349-3429 (P)

DIP:18.01.105.20210902, DOI:10.25215/0902.105

9. Saha A., (2020) "Psychiatric Social Work Intervention and Social Functioning for Person with BPAD: A Randomized Control Trial." *Journal of Minerva Psichiatrica*-61(3):63-76 pISSN 0391-1772 eISSN 1827-1731
10. Das M, Saha A. Psychosocial correlates of stress and depressive symptoms during pregnancy. *Indian Journal of Psychiatric Social Work* 2020; 11(2): 77-81.
11. Saha A and Lama A., (2018) "Aging": A psychosocial Theoretical Perspective. *Social Work Journal (Bi-Annual)*, Dept. of Social Work, Assam University, Silchar. Vol-9, No.1. 29-37, Jan-Jun 2018. ISSN: 0976-5484
12. Saha A., (2018) "Substance and Suicide among Adolescent" in *Nibandhana- Binding Thoughts* Edited by Chiranjib Boruah, Centre for Social Work Studies, Dibrugarh University, Assam, Ramdhenu Publishers, Dibrugarh, First Edition 2018, ISBN: 978-81-938058-0-0
13. Saha A., (2018) "Substance Abuse Among Street Children: School Risk and Protective Factors". *Social Defence Journal*, Vol. No. 02, 8-17, ISSN No. 0037-7716 by National Institute of Social Defence, Ministry of Social Justice & Empowerment, Govt. of India
14. Saha A and Lama A., (2018) "My Culture My Mental Health" in *Globalization and the Concern of Social Landscape of India*, Edited by Dr. Joyashri Dey, Dept. of Social Work, Assam University, Silchar, **Renu Publishers**, New Delhi, First Edition 2018, ISBN: 978-81-937260-2-0
15. Saha. A (Ed). 2016. "Understanding Childhood", a course material for Post Graduate Diploma in Child Rights and Governance. Published by Centre for Inclusive Development, Tezpur University and UNICEF, Guwahati 2016.
16. Deuri S P and Saha A., (2014) "Adolescent Mental Health and Suicide" in *Child and Adolescent's Responsive Education; Manual for Parents, Teachers and Caregivers* Published by Pathan Hazirika Charitable Trust, ISBN 978-81-925698-5-7

17. Saha A and Pandian D., (2012) “Substance Abuse Among Street Children: Community Risk and Protective Factors” in Indian Journal of Social Psychiatry volume 28, number 1-2, 53-59, ISSN No.0971-9962
18. Chandan C, Saha A and Pandian D., (2012) “Schizophrenia and Social Skill Training” in Samaj Kendraya Hejjegalu (Social Work Foot Print), volume-III, Issue1, 41-45, December 2012, ISSN 2230-8830.
19. Saha A and Pandian D., (2011) “Substance Abuse among Street Children: Family Risk and Protective Factors” in National Journal of Professional Social Work, volume-12, issue 1-2. 17-30, January- December 2011, ISSN 2230-8768
20. Saha A and Pandian D., (2011) “Substance Abuse among Street Children: Risk and Protective Factors”. Training Module on Specialized Care for Children Affected by Drug Abuse, Organised by Dept of Psychiatric Social Work, NIMHANS- Bangalore, 24th-26th Feb 2011 and sponsored by National Institute of Social Defense, New Delhi,

Award:

- Judged as best paper in the free paper scientific session of 7th National Conference of WAPR, 17th – 18th March, 2023 at LGBRIMH, Tezpur.
- Judged as best paper in the scientific session of the International Conference on Social Work and Environmental Justice and XXIX Annual Conference of Indian Society of Professional Social Work, 6th – 9th January 2011, Kerala India.

Membership of Professional/Academic Bodies:

- Life member of Indian Society of Professional Social Work
- Member of Association of Psychiatric Social Work Professionals
- Life Member of Indian Red Cross Society

Extracurricular Activities:

- In-charge Programme Coordinator & Programme Officer, NSS
- Sr. Warden of Charaideo Men’s Hostel, Tezpur University
- Organized and participated in several Street Play, Drama and Skit

Language proficiency:

Language	Read	Write	Speak
English	✓	✓	✓
Bengali	✓	✓	✓
Hindi	✓	✓	✓
Asamees	✓	✓	✓
Oria			✓
Kanada			✓

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